



The Daniel Fast and Bariatric Surgery Research Study

Participants included in this research study must (Inclusion Criteria):

- **Be an African American woman between the ages of 30-60**
- **Have had gastric bypass or gastric sleeve over a year ago**
- **Have regained at least 15% your weight lost after the surgery**
- **Have recently conducted a 21-day Daniel Fast with your church to help lose weight**
- **Be willing to talk about your experience in a 60 to 90-minute interview**
- **Speak Fluent English**

Receive a \$20 Amazon gift card for participating in a study exploring your experience with using the Daniel Fast to lose weight after regaining weight after bariatric surgery. This study is approved by The Catholic University of America Institutional Review Board. Contact the Principal Investigator, a Nurse Practitioner and PhD candidate, at 49harrell@cua.edu.